

Seniors Services Café Survey

This survey is to help our staff and dietician create healthy and delicious menu options

Please read the questions carefully and answer best you can

Please return to the kitchen staff or volunteers

This survey is double sided – please turn over to complete!

1. How satisfied are you with current menu options? Please circle answer

not at all | somewhat | moderately satisfied | satisfied | very satisfied

2. What's your favorite menu offering (list up to 3)? Can you tell us why?

3. What's your least favorite menu offering (list up to 3) Can you tell us why?

4. Seniors Services has received a grant to offer healthier foods on the menu. Do you have any suggestions of foods that we should consider adding, or healthy ingredient substitutions to the current menu? For example: using whole grains/whole wheat, using plant-based proteins more often (beans, lentils, chickpeas), more veggie options, etc?

5. Would you be interested in trying healthier menu options offered at the same price as other lunch menu items? Please circle answer

Not at all | somewhat | moderately interested | interested | very interested

6. Would you be interested in choosing a flavored water over other cold beverages? (flavored water is sparkling or still water with fruits like berries, lemon, watermelon, cucumber, grapefruit, etc. that are infused in it—no sugar added) Please circle answer

Not at all | somewhat | moderately interested | interested | very interested

7. If there were additional healthier options would you be more likely to purchase something from the kitchen? Please circle answer

not at all | somewhat likely | moderately likely | likely | very likely

8. How familiar are you with Canada’s New Food Guide that was released January 2019, and the recommendations it makes? Please circle answer

not at all | slightly | moderately familiar | familiar | very familiar

9. Would you be willing to test try some potential healthy menu items if we organized a taste testing event? (Please circle “yes” or “no” and leave your name and contact information)

Yes or No

Name:

Contact Info:
